

Summerhill Assisted Living

January 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Happy New Year! May 2021 bring a new year of hope and peace-	2
					9:00a Morning Stretch- 3rd F 9:30a Morning Stretch- 2nd FW 10:00a Morning Stretch- 1st F 10:30a Morning Stretch- 2nd FP	9:00a Morning Stretch- 3rd F 9:30a Morning Stretch- 2nd FW 10:00a Morning Stretch- 1st F 10:30a Morning Stretch- 2nd FP 2:45p Room Visits 4:00p Pub Cart!
3	4	5	6 Happy Birthday Andree G!	7	8	9
9:00a Room Visits 10:30a Musical Visits! 1:15p Ice Cream Cart!	9:00a Morning Stretch- 3rd F 9:30a Morning Stretch- 2nd W 10:00a Morning Stretch- 1st F 11:00a Morning Stretch- 2nd P 1:00p Room Visits 4:00p Pub Cart!	9:00a Morning Stretch- 3rd F. 9:30a Morning Stretch- 2nd W 10:00a Morning Stretch- 1st F. 10:30a Morning Stretch- 2nd Pub 1:15p Read Aloud 4:00p Pub Cart!	9:00a Morning Fitness- 3rd F. 9:30a Morning Fitness- 2nd W 10:00a Morning Fitness- 1st F. 10:30a Morning Fitness- 2nd FP 1:15p Read Aloud 2:15p Room Visits 4:00p Pub Cart!	9:00a Staying Strong- 3rd F. 9:30a Staying Strong- 2nd FW 10:00a Staying Strong- 1st F. 10:30a Staying Strong- 2nd FP 1:15p Hallway Tunes! 4:00p Pub Cart!	9:00a Morning Stretch- 3rd F. 9:30a Morning Stretch- 2nd FW 10:00a Morning Stretch- 1st F. 10:30a Morning Stretch- 2nd FP 1:15p Hallway Tunes! 4:00p Pub Cart!	9:00a Get Fit- 3rd F. 9:30a Get Fit- 2nd F. W 10:00a Get Fit- 1st F. 11:00a Get Fit- 2nd F. P 1:15p Read Aloud 4:00p Pub Cart!
10	11	12	13	14	15	16
9:00a Room Visits 10:30a Musical Visits! 1:15p Ice Cream Cart! 2:00p Read Aloud	9:00a Morning Stretch- 3rd F 9:30a Morning Stretch- 2nd W 10:00a Morning Stretch- 1st F. 11:00a Morning Stretch- 2nd P 1:00p Room Visits 4:00p Pub Cart!	9:00a Morning Stretch- 3rd F. 9:30a Morning Stretch- 2nd W 10:00a Morning Stretch- 1st F. 10:30a Morning Stretch- 2nd Pub 1:15p Read Aloud 4:00p Pub Cart!	9:00a Morning Fitness- 3rd F. 9:30a Morning Fitness- 2nd W 10:00a Morning Fitness- 1st F. 10:30a Morning Fitness- 2nd FP 1:15p Read Aloud 4:00p Pub Cart!	9:00a Staying Strong- 3rd F. 9:30a Staying Strong- 2nd FW 10:00a Staying Strong- 1st F. 10:30a Staying Strong- 2nd FP 1:15p Hallway Tunes! 4:00p Pub Cart!	9:00a Morning Stretch- 3rd F. 9:30a Morning Stretch- 2nd FW 10:00a Morning Stretch- 1st F. 10:30a Morning Stretch- 2nd FP 1:15p Hallway Tunes! 4:00p Pub Cart!	9:00a Get Fit- 3rd F. 9:30a Get Fit- 2nd F. W 10:00a Get Fit- 1st F. 11:00a Get Fit- 2nd F. P 1:15p Read Aloud 4:00p Pub Cart!
17	18	19 Happy Birthday Annette A!	20	21	22	23
9:00a Room Visits 10:30a Musical Visits! 1:15p Ice Cream Cart! 2:00p Read Aloud	9:00a Morning Stretch- 3rd F 9:30a Morning Stretch- 2nd W 10:00a Morning Stretch- 1st F. 11:00a Morning Stretch- 2nd P 1:00p Room Visits 4:00p Pub Cart!	9:00a Morning Stretch- 3rd F. 9:30a Morning Stretch- 2nd W 10:00a Morning Stretch- 1st F. 10:15a World of Music- Library 10:30a Morning Stretch- 2nd Pub 1:15p Read Aloud	9:00a Morning Fitness- 3rd F. 9:30a Morning Fitness- 2nd W 10:00a Morning Fitness- 1st F. 10:30a Morning Fitness- 2nd FP 1:15p Read Aloud 4:00p Pub Cart!	9:00a Staying Strong- 3rd F. 9:30a Staying Strong- 2nd FW 10:00a Staying Strong- 1st F. 10:30a Staying Strong- 2nd FP 1:15p Hallway Tunes! 4:00p Pub Cart!	9:00a Morning Stretch- 3rd F. 9:30a Morning Stretch- 2nd FW 10:00a Morning Stretch- 1st F. 10:30a Morning Stretch- 2nd FP 1:15p Hallway Tunes! 4:00p Pub Cart!	9:00a Get Fit- 3rd F. 9:30a Get Fit- 2nd F. W 10:00a Get Fit- 1st F. 11:00a Get Fit- 2nd F. P 1:15p Read Aloud 4:00p Pub Cart!
24	25	26	27	28	29	30
9:00a Room Visits 10:30a Musical Visits! 1:15p Ice Cream Cart! 2:00p Read Aloud	9:00a Morning Stretch- 3rd F 9:30a Morning Stretch- 2nd W 10:00a Morning Stretch- 1st F. 11:00a Morning Stretch- 2nd P 1:00p Room Visits 4:00p Pub Cart!	9:00a Morning Stretch- 3rd F. 9:30a Morning Stretch- 2nd W 10:00a Morning Stretch- 1st F. 10:30a Morning Stretch- 2nd Pub 1:15p Read Aloud 4:00p Pub Cart!	9:00a Morning Fitness- 3rd F. 9:30a Morning Fitness- 2nd W 10:00a Morning Fitness- 1st F. 10:30a Morning Fitness- 2nd FP 1:15p Read Aloud 4:00p Pub Cart!	9:00a Staying Strong- 3rd F. 9:30a Staying Strong- 2nd FW 10:00a Staying Strong- 1st F. 10:30a Staying Strong- 2nd FP 1:15p Hallway Tunes! 4:00p Pub Cart!	9:00a Morning Stretch- 3rd F. 9:30a Morning Stretch- 2nd FW 10:00a Morning Stretch- 1st F. 10:30a Morning Stretch- 2nd FP 1:15p Hallway Tunes! 4:00p Pub Cart!	9:00a Get Fit- 3rd F. 9:30a Get Fit- 2nd F. W 10:00a Get Fit- 1st F. 11:00a Get Fit- 2nd F. P 1:15p Read Aloud 4:00p Pub Cart!
31						
9:00a Room Visits 10:30a Musical Visits! 1:15p Ice Cream Cart! 2:00p Read Aloud						

W= West Hall F=Floor P=Pub

All residents getting daily puzzles and room visits by staff

Summerhill Assisted Living

January 2021

19 Tue 4:00p Pub Cart!

W= West Hall F=Floor P=Pub

All residents getting daily puzzles and room visits by staff