

Summerhill Assisted Living

September 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
			9:00a Morning Stretch- MR 10:00a Walk and Roll 11:30a Big Board- DR 1:30p Wednesday Uplift- Library 2:45p Scenic Ride! 4:00p Pub Concert!	9:00a Morning Stretch! MR 10:00a Walk and Roll 1:30p Bingo! AR 3:00p Sunroon Games- SR 4:00p Chill & Grill 6:30p Movie in the Pub	9:15a Communion- SR 9:45a Morning Stretch- MR 10:15a Walk and Roll 11:30a Big Board- DR 1:30p Shuffleboard-PUB 2:30p Free Rice! Pub 4:00p Pub Trivia! 6:30p Movie in the Pub	10:00a Walk & Roll 1:30p Bingo! AR 4:00p Pub Trivia! 6:30p Movie in the Pub
5	6	7	8	9	10	11
9:00a Doughnuts! 2:00p Walk & Roll 2:30p Movie Matinee- Pub 6:30p Movie in the Pub	Happy Labor Day! Check for puzzles and games in the Sunroom 10:00a Morning Matinee 1:00p Shuffleboard 2:00p Afternoon Matinee	9:00a Morning Stretch- MR 10:15a Lovin' Ovens-DR 10:45a Short Story Club 11:30a Big Board- DR 1:30p Rosary- Library 1:30p Matinee- PUB 2:30p Create with Cathy! AR 4:00p Pub Trivia!	9:00a Morning Stretch- MR 10:00a Walk and Roll 11:30a Big Board- DR 1:30p Wednesday Uplift- Library 2:45p Scenic Ride! 4:00p Pub Concert!	9:00a Yoga with Chris- MR 10:00a Walk and Roll 1:30p Bingo! AR 3:00p Sunroon Games- SR 4:00p Chill & Grill 6:30p Movie in the Pub	9:15a Communion- SR 9:45a Morning Stretch- MR 10:15a Walk and Roll 11:30a Big Board- DR 1:30p Shuffleboard-PUB 2:30p Free Rice! Pub 4:00p Pub Trivia! 6:30p Movie in the Pub	10:00a Walk & Roll 1:30p Bingo! AR 4:00p Pub Trivia! 6:30p Movie in the Pub
12	13	14	15	16	17	18
9:00a Doughnuts! 2:00p Walk & Roll 2:30p Movie Matinee- Pub 6:30p Movie in the Pub	9:00a Morning Stretch- MR 9:30a Walk and Roll 11:30a Big Board- DR 1:30p Bingo! AR 3:00p Walk & Roll 4:00p Pub Trivia!	9:00a Morning Stretch- MR 10:15a Lovin' Ovens-DR 10:45a Walk & Roll 11:30a Big Board- DR 1:30p Matinee- PUB 2:00p Rosary- Library 3:00p Create with Cathy! AR 4:00p Pub Trivia!	9:00a Morning Stretch- MR 10:00a Walk and Roll 11:30a Big Board- DR 1:30p Wednesday Uplift- Library 2:45p Scenic Ride! 4:00p Pub Concert!	9:00a Morning Stretch! MR 10:00a Walk and Roll 1:30p Bingo! AR 3:00p Sunroon Games- SR 4:00p Chill & Grill 6:30p Movie in the Pub	9:15a Communion- SR 9:45a Morning Stretch- MR 10:15a Walk and Roll 11:30a Big Board- DR 1:30p Shuffleboard-PUB 2:30p Free Rice! Pub 4:00p Pub Trivia! 6:30p Movie in the Pub	Happy Birthday Mary L! 10:00a Summerhill Carnival!
19	20	21	22	23	24	25
9:00a Doughnuts! 2:00p Walk & Roll 2:30p Movie Matinee- Pub 6:30p Movie in the Pub	9:00a Morning Stretch- MR 10:00a Resident Council- MR 11:30a Big Board- DR 1:30p Bingo! AR 3:00p Walk & Roll 4:00p Pub Trivia!	9:00a Morning Stretch- MR 10:15a Lovin' Ovens-DR 10:45a Walk & Roll 11:30a Big Board- DR 1:30p Rosary- Library 1:30p Matinee- PUB 2:30p Create with Cathy! AR 4:00p Pub Trivia!	9:00a Morning Stretch- MR 10:00a Walk and Roll 11:30a Big Board- DR 1:30p Wednesday Uplift- Library 2:45p Scenic Ride! 4:00p Pub Concert!	9:00a Yoga with Chris- MR 10:00a Walk and Roll 1:30p Bingo! AR 3:00p Sunroon Games- SR 4:00p Chill & Grill 6:30p Movie in the Pub	9:15a Communion- SR 9:45a Morning Stretch- MR 10:15a Walk and Roll 11:30a Big Board- DR 1:30p Shuffleboard-PUB 2:30p Free Rice! Pub 4:00p Pub Trivia! 6:30p Movie in the Pub	10:00a Walk & Roll 1:30p Bingo! AR 4:00p Pub Trivia! 6:30p Movie in the Pub
26	27	28	29	30		
9:00a Doughnuts! 2:00p Walk & Roll 2:30p Movie Matinee- Pub 6:30p Movie in the Pub	Happy Birthday Stasia K! 9:00a Morning Stretch- MR 9:30a Walk and Roll 11:30a Big Board- DR 1:30p Bingo! AR 3:00p Walk & Roll 4:00p Pub Trivia!	9:30a Culinary Chat- DR 10:15a Lovin' Ovens-DR 10:45a Walk & Roll 11:30a Big Board- DR 1:30p Rosary- Library 1:30p Matinee- PUB 2:30p Create with Cathy! AR 4:00p Pub Trivia!	9:00a Morning Stretch- MR 10:00a Walk and Roll 11:30a Big Board- DR 1:30p Wednesday Uplift- Library 2:45p Scenic Ride! 4:00p Pub Concert!	9:00a Yoga with Chris- MR 10:00a Walk and Roll 1:30p Bingo! AR 3:00p Sunroon Games- SR 4:00p Chill & Grill 6:30p Movie in the Pub		

Mr=Monadnock Room AR=Activity Room SR=Sunroon DR=Dining Room
Tentative schedule is subject to change. Please check white board daily.