

# Summerhill Assisted Living~Meadows

## September 2021

| Sunday  | Monday  | Tuesday  | Wednesday  | Thursday  | Friday   | Saturday  |
|---|---|--|--|---|--|---|
|   |   |  | 1  | 2   | 3  | 4   |
|   |   |  | 9:00a Morning Stretch! MI<br>9:00a Morning Stretch! MII<br>10:00a Sing Along MI<br>10:00a Sing Along MII<br>12:45p Scenic Ride! MI & MII<br>2:15p Coffeetime- MI<br>3:00p Tea/chat MII | 9:00a Weekly Worship- M2<br>9:00a Dancercise! MI<br>10:15a Weekly Worship- MI<br>10:15a Dancercise! MII<br>1:00p Bingo (MI)<br>2:30p Coffeetime- MI<br>2:45p Tea and Chat MII | 9:00a Stretch and Sing! MI<br>10:15a Stretch and games! MII<br>12:45p Scenic Ride! MI & MII<br>2:30p Coffeetime- MI<br>3:00p Trivia/Piano Singalong M2 | 9:00a Morning Stretch M1<br>10:15a Morning Stretch-MII<br>12:45p Game or Singalong M2<br>2:45p Gametime! M1 |
| 5   | 6   | 7  | 8  | 9   | 10   | 11  |
| 9:00a Morning Stretch M1<br>10:15a Morning Stretch M2<br>1:00p Bingo! M1<br>3:00p Story Hour M2                             | Labor Day! Look for activity baskets on both floors   | 9:00a Stretch & Sing M2<br>9:30a Harp Concert! M1<br>10:15a Harp Concert! M2<br>10:15a Art Time- MI<br>1:00p Gametime! MI & MII<br>2:00p M.Armstrong- M1 & M2<br>3:00p Coffeetime- MI<br>3:15p Trivia/Piano Singalong M2   | 9:00a Morning Stretch! MI<br>9:00a Morning Stretch! MII<br>10:00a Sing Along MI<br>10:00a Sing Along MII<br>12:45p Scenic Ride! MI & MII<br>2:15p Coffeetime- MI<br>3:00p Tea/chat MII | 9:00a Weekly Worship- M2<br>9:00a Dancercise! MI<br>10:15a Weekly Worship- MI<br>10:15a Dancercise! MII<br>1:00p Bingo (MI)<br>2:30p Coffeetime- MI<br>2:45p Tea and Chat MII | 9:00a Stretch and Sing! MI<br>10:15a Stretch and games! MII<br>12:45p Scenic Ride! MI & MII<br>2:30p Coffeetime- MI<br>3:00p Trivia/Piano Singalong M2 | 9:00a Morning Stretch M1<br>10:15a Morning Stretch-MII<br>12:45p Game or Singalong M2<br>2:45p Gametime! M1 |
| 12  | 13  | 14   | 15   | 16  | 17   | 18  |
| 9:00a Morning Stretch M1<br>10:15a Morning Stretch M2<br>1:00p Bingo! M1<br>2:00p Mary Armstrong- M2<br>3:00p Story Hour M2 | 9:00a Morning Stretch MI<br>10:15a Morning Stretch MII<br>1:00p Bingo! MI<br>2:30p Coffeetime- MI<br>2:45p Trivia or Piano Sing-Along - MII | 9:00a Morning Stretch MII<br>9:00a Stretch & Sing MI<br>10:00a Sing Along! MII<br>10:00a Art Time- MI<br>1:00p Gametime! MI & MII<br>2:00p M.Armstrong- M1 & M2<br>3:00p Coffeetime- MI<br>3:15p Trivia/Piano Singalong M2 | 9:00a Morning Stretch! MI<br>9:00a Morning Stretch! MII<br>10:00a Sing Along MI<br>10:00a Sing Along MII<br>12:45p Scenic Ride! MI & MII<br>2:15p Coffeetime- MI<br>3:00p Tea/chat MII | 9:00a Weekly Worship- M2<br>9:00a Dancercise! MI<br>10:15a Weekly Worship- MI<br>10:15a Dancercise! MII<br>1:00p Bingo (MI)<br>2:30p Coffeetime- MI<br>2:45p Tea and Chat MII | 9:00a Stretch and Sing! MI<br>10:15a Stretch and games! MII<br>12:45p Scenic Ride! MI & MII<br>2:30p Coffeetime- MI<br>3:00p Trivia/Piano Singalong M2 | 10:00a Summerhill Carnival!   |
| 19  | 20  | 21   | 22   | 23  | 24   | 25  |
| 9:00a Morning Stretch M1<br>10:15a Morning Stretch M2<br>1:00p Bingo! M1<br>3:00p Story Hour M2                             | 9:00a Morning Stretch MI<br>10:15a Morning Stretch MII<br>1:00p Bingo! MI<br>2:30p Coffeetime- MI<br>2:45p Trivia or Piano Sing-Along - MII | 9:00a Morning Stretch MII<br>9:00a Stretch & Sing MI<br>10:00a Sing Along! MII<br>10:00a Art Time- MI<br>1:00p Gametime! MI & MII<br>2:00p M.Armstrong- M1 & M2<br>3:00p Coffeetime- MI<br>3:15p Trivia/Piano Singalong M2 | 9:00a Morning Stretch! MI<br>9:00a Morning Stretch! MII<br>10:00a Sing Along MI<br>10:00a Sing Along MII<br>12:45p Scenic Ride! MI & MII<br>2:15p Coffeetime- MI<br>3:00p Tea/chat MII | 9:00a Weekly Worship- M2<br>9:00a Dancercise! MI<br>10:15a Weekly Worship- MI<br>10:15a Dancercise! MII<br>1:00p Bingo (MI)<br>2:30p Coffeetime- MI<br>2:45p Tea and Chat MII | 9:00a Stretch and Sing! MI<br>10:15a Stretch and games! MII<br>12:45p Scenic Ride! MI & MII<br>2:30p Coffeetime- MI<br>3:00p Trivia/Piano Singalong M2 | 9:00a Morning Stretch M1<br>10:15a Morning Stretch-MII<br>12:45p Game or Singalong M2<br>2:45p Gametime! M1 |
| 26  | 27  | 28   | 29   | 30  |  |   |
| 9:00a Morning Stretch M1<br>10:15a Morning Stretch M2<br>1:00p Bingo! M1<br>3:00p Story Hour M2                             | 9:00a Morning Stretch MI<br>10:15a Morning Stretch MII<br>1:00p Bingo! MI<br>2:30p Coffeetime- MI<br>2:45p Trivia or Piano Sing-Along - MII | 9:00a Morning Stretch MII<br>9:00a Stretch & Sing MI<br>10:00a Sing Along! MII<br>10:00a Art Time- MI<br>1:00p Gametime! MI & MII<br>2:00p M.Armstrong- M1 & M2<br>3:00p Coffeetime- MI<br>3:15p Trivia/Piano Singalong M2 | 9:00a Morning Stretch! MI<br>9:00a Morning Stretch! MII<br>10:00a Sing Along MI<br>10:00a Sing Along MII<br>12:45p Scenic Ride! MI & MII<br>2:15p Coffeetime- MI<br>3:00p Tea/chat MII | 9:00a Weekly Worship- M2<br>9:00a Dancercise! MI<br>10:15a Weekly Worship- MI<br>10:15a Dancercise! MII<br>1:00p Bingo (MI)<br>2:30p Coffeetime- MI<br>2:45p Tea and Chat MII |  |   |

*Tentative schedule is subject to change. Please check white board daily.*