

# Summerhill Assisted Living- Meadows

## February 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
						9:00a Morning stretch (MII) 10:00a Stretchercise! (MI) 12:45p Chat and trivia! (MII) 2:00p Jane Lyttle- Ethiopia 3:10p Afternoon Tea (MI) 6:00p Saturday Night Movie (MI & MII)
2	3	4	5	6	7	8
12:45p Tea/Coffee chat- MI 2:00p Bingo! MII 6:00p Sunday Night Movie (MI & MII)	9:00a Stretchersize- MII 10:00a Sing-A-Long MI 10:00a Dance Therapy (MII) 1:00p Visits with Sam 1:00p Letter writing (MI) 1:15p Reading Group(MII) 2:45p "Monday Uplift" (MII) 3:00p Tea and Chat MI	9:00a Dancercise! MI & MII 10:00a Sing-A-Long (MI) 10:15a M.A. Fleming Sing (MII) 12:45p Choppy Choir (MII) 1:00p Scenic Ride! 2:00p Coffee and Trivia (MI) 3:00p Tea/ Chat MI & MII	9:00a Stretchercise- MI & MII 10:00a Sing-A-long MI & MII 10:00a Pet Visits 1:00p Bingo (MI) 1:00p Bingo (MII) 2:00p Paddleball (MI) 2:00p Rosary (MII) 3:00p Tea/chat (MII & MI)	9:00a Stretchercise MI 9:00a Sing & Worship (MII) 10:00a Sing Along! MI 10:30a Move & Awaken! (MII) 1:00p Shuffleboard! (MI) 1:00p White board fun!(MII) 2:00p Trivia (MI) 2:00p Bingo! (MII) 3:00p Tea/chat (MII & MI)	9:00a Stretchercise MI & MII 10:15a Sing Along! MII 1:00p Game Time! (MII) 1:00p Trivia (MI) 2:00p Bingo- (MII) 3:00p Trivia (MII) 3:00p Tea and Chat (MI)	9:00a Morning stretch (MII) 10:00a Stretchercise! (MI) 12:45p Chat/ trivia! (MII) 3:10p Afternoon Tea (MI)
9	10	11	12	13	14	15
6:00p Sunday Night Movie (MI & MII)	9:00a Stretchersize- MII 10:00a Sing-A-Long MI 10:00a Morning Stretch! (MII) 1:00p Visits with Sam 1:00p Letter writing (MI) 1:15p Reading Group(MII) 2:45p "Monday Uplift" (MII) 3:00p Tea and Chat/Trivia! MI 3:00p Tea and Chat MI	9:00a Dancercise! MI & MII 10:00a Sing-A-Long (MI) 10:15a M.A. Fleming Sing (MII) 1:00p Scenic Ride! 2:00p Coffee and Trivia (MI) 3:00p Tea/ Chat MI & MII	9:00a Stretchercise- MI & MII 10:00a Pet Visits with MHS 10:00a Sing-A-long MI & MII 1:00p Bingo (MI) 1:00p Bingo (MII) 2:00p Paddleball (MI) 2:00p Rosary (MII) 3:00p Tea/chat (MII & MI)	9:00a Stretchercise MI 9:00a Sing & Worship (MII) 10:00a Sing Along! MI 10:30a Move & Awaken! (MII) 1:00p Baking! (MI) 1:00p White board fun!(MII) 2:00p Trivia (MI) 2:00p Bingo! (MII) 3:00p Tea/chat (MII & MI)	9:00a Stretchercise MI & MII 10:15a Sing Along! MII 1:00p Game Time! (MII) 1:00p Trivia (MI) 1:30p Valentine Social! (MR) 2:00p Bingo- (MII) 3:00p Trivia (MII) 3:00p Tea and Chat (MI)	9:00a Morning stretch (MII) 10:00a Stretchercise! (MI) 12:45p Chat/ trivia! (MII) 3:10p Afternoon Tea (MI)
16	17	18	19	20	21	22
12:45p Tea/Coffee chat- MI 2:00p Bingo! MII 6:00p Sunday Night Movie (MI & MII)	9:00a Stretchersize- MII 10:00a Sing-A-Long MI 10:00a Morning Stretch! (MII) 1:00p Visits with Sam 1:00p Letter writing (MI) 1:15p Reading Group(MII) 2:45p "Monday Uplift" (MII) 3:00p Tea and Chat/Trivia! MI 3:00p Tea and Chat MI	9:00a Dancercise! MI & MII 10:00a Sing-A-Long (MI) 10:15a M.A. Fleming Sing (MII) 12:45p Choppy Choir (MII) 1:00p Scenic Ride! 2:00p Coffee and Trivia (MI) 3:00p Tea/ Chat MI & MII	Happy Birthday Glori B! 9:00a Stretchercise- MI & MII 10:00a Sing-A-long MI & MII 10:00a Pet Visits 1:00p Bingo (MI) 1:00p Bingo (MII) 2:00p Paddleball (MI) 2:00p Rosary (MII) 3:00p Tea/chat (MII & MI)	9:00a Sing & Worship (MI) 9:00a Stretchercise MII 10:00a Sing Along! MII 10:30a Move & Awaken! (MI) 1:00p Shuffleboard! (MI) 1:00p Bingo! (MII) 2:00p Trivia (MI) 2:00p UCC Worship (MII) 3:00p Tea/chat (MII & MI)	9:00a Stretchercise MI & MII 10:15a Sing Along! MII 1:00p Game Time! (MII) 1:00p Trivia (MI) 2:00p Bingo- (MII) 3:00p Trivia (MII) 3:00p Tea and Chat (MI)	9:00a Morning stretch (MII) 10:00a Stretchercise! (MI) 12:45p Chat/ trivia! (MII) 3:10p Afternoon Tea (MI)
23	24	25	26	27	28	29
6:00p Sunday Night Movie (MI & MII)	9:00a Stretchersize- MII 10:00a Sing-A-Long MI 10:00a Morning Stretch! (MII) 1:00p Visits with Sam 1:00p Letter writing (MI) 1:15p Reading Group(MII) 2:45p "Monday Uplift" (MII) 3:00p Tea and Chat/Trivia! MI 3:00p Tea and Chat MI	9:00a Dancercise! MI & MII 10:00a Sing-A-Long (MI) 10:15a M.A. Fleming Sing (MII) 1:00p Scenic Ride! 2:00p Episcopal Service (MII) 2:00p Coffee and Trivia (MI) 3:00p Tea/ Chat MI & MII	9:00a Stretchercise- MI & MII 10:00a Pet Visits with MHS 10:00a Sing-A-long MI & MII 1:00p Bingo (MI) 1:00p Bingo (MII) 2:00p Paddleball (MI) 2:00p Rosary (MII) 3:00p Tea/chat (MII & MI)	9:00a Stretchercise MI 9:00a Sing & Worship (MII) 10:00a Sing Along! MI 10:30a Move & Awaken! (MII) 1:00p Baking! (MI) 1:00p White board fun!(MII) 2:00p Trivia (MI) 2:00p Bingo! (MII) 3:00p Tea/chat (MII & MI)	9:00a Stretchercise MI & MII 10:15a Sing Along! MII 1:00p Game Time! (MII) 1:00p Trivia (MI) 2:00p Bingo- (MII) 3:00p Trivia (MII) 3:00p Tea and Chat (MI)	9:00a Morning stretch (MII) 10:00a Stretchercise! (MI) 12:45p Chat/ trivia! (MII) 3:10p Afternoon Tea (MI)

Subject to change - check printed daily schedules and white board

# **Summerhill Assisted Living- Meadows**

*February 2020*

13 Thu 2:00p Catholic Mass/Father Mike (MR)

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